



# **Certification and Pre-Requisites for Coaching**

## **Theory / Technical / Practical Programs**

### **Community Sport Coach**

*The objective of the Community Sport Coach is to provide a basic understanding of the principals, rules, safety and equipment in the sport of tenpin bowling in order to provide all coaches with a common base knowledge and understanding.*

#### **Pre-requisites**

- *Be a member in good standing in the CTF*
- *Must be at least Sixteen years of age prior to the start date of the Course.*

#### **Certification: Trained (no evaluation required)**

*To obtain certification of this level the future coach must complete successfully:*

- *CTF Community Sport Initiative Stream consisting of 8 hours of instruction (on and off lane).*

#### **Pre-Competitive or Introduction To Competition** (League Coach)

##### **Level II**

*The objective of the League / Tournament Level is to expand the coach's ability to identify and improve specific skills associated with the league, competitive, intermediate athlete. These sport specific skills include mental training, nutrition, physical fitness, refining of skills, charting movements/patterns and using videotape. The athletes at this level are competitively oriented and interested in improving their performances. The coach is expected to participate at regional and provincial tournaments as well as mentoring the **Community Sport Coaches**.*

#### **Pre-requisites:**

- *Must be a member in good standing in the CTF*
- *Fully certified Level 1 Tenpin Bowling or **Community Sport Trained** as per NCCP Passport (copy required prior to registration).*
- *Successfully completing NCCP Part B Theory that is offered through the Provincial Government in association with the Coaching Association of Canada.*

#### **Certification:**

*To complete certification of this level the **Pre-Competitive/Introduction To Competition Coach** must complete successfully:*

- *CTF Pre Competitive Stream (Technical level 2) Course consisting of 19 hours of instruction (on and off lane).*
- *Complete an evaluation process.*
- *Practical experience that includes a minimum 1 full season (90 hours) of coaching Confirmation of practical experience to be submitted by a program / league director.*

## **Competitive Coach** (Tournament Coach Level) Level II

The objective of the Competitive Coach (Tournament Coach Level) is to expand the coach's ability to identify and improve specific skills associated with the competitive, intermediate athlete. These sport specific skills include mental training, nutrition, physical fitness, refining of skills, charting movements/patterns and using videotape and mapping out a tournament schedule and assist in goal setting. The athletes at this level are competitively oriented and interested in improving their performance for competition. The coach is expected to participate at regional and provincial tournaments as well as mentoring the [Pre-Competitive/Into to Competition Coaches](#).

### **Pre-requisites:**

- Must be a member in good standing in the CTF
- Complete an evaluation process to show competency for this level
- Fully certified Pre Competitive Coach as per NCCP Passport (copy required prior to registration).
- Successfully completing NCCP Part B Theory that is offered through the Provincial Government in association with the Coaching Association of Canada.

### **Certification:**

To complete certification of this level the [Tournament Coach](#) must complete successfully:

- CTF Technical level 2 Course consisting of 19 hours of instruction (on and off lane).
- (Pre-Competitive Stream)
- [Complete and evaluation process](#).
- Practical experience that includes a minimum 1 full season (90 hours) of coaching  
Confirmation of practical experience to be submitted by a program / league director.

## **International Level (High Performance)Level III**

The objective of the International Coach is to be fully capable of coaching up to and including Team Canada. A strong knowledge of all aspects of the game including: rules and regulations; lane conditions; equipment; ball manipulation; sport psychology; nutrition, physical training, management; and motivational skills.

### **Pre-Requisites:**

The International level is available to certified **League / Tournament (Competitive Level)** CTF coaches on an application basis. The applicant must have a combination of at least three of the following:

- Coaching success at Provincial or National tournaments.
- Recognition of achievement by provincial association leaders / coaches.
- Long-term commitment to the betterment of the sport.
- International and/or Elite playing experience.
- Strong inter-personal and communication skills.

*As well as the following criteria:*

*Must be a member in good standing in the CTF*

- *Fully certified Level 2 Tenpin Bowling as per NCCP Passport (copy required prior to registration).*

***Certification:***

*To complete certification of the International level the League / Tournament Coach must complete successfully:*

- *CTF Technical level 3. (Offered regionally at least once every two years (where sufficient applicants merit it) that consists of 24 hours of on and off lane instruction and Pro-shop skills instruction.*
- *Practical experience that includes a minimum 2 full seasons (180 hours) of coaching (confirmed by a Program or Association Director) that includes Elite (180+average athletes).*
- *NCCP Level 3 Theory that is offered through the Provincial government in association with the Coaching Association of Canada*

***NCCP International*** (Formerly Level 4&5) not yet available in Tenpin Bowling

*Pre-Requisites: Certification at the Tenpin Bowling International level and recommendation of the National Sporting Federation (CTF).*

*Certification: Completion of required tasks as per the Provincial Sport Ministry.*